

#RegionIIIYouthToday

RISK & NON-RISK BEHAVIORS OF YOUNG PEOPLE IN CENTRAL LUZON

PART 1



Demographic Research & Development Foundation, Inc.
University of the Philippines Population Institute

OUTLINE

Part 1

- Demography of the Filipino youth
- The 2013 YAFS Study
- Background characteristics of the youth

Part 2

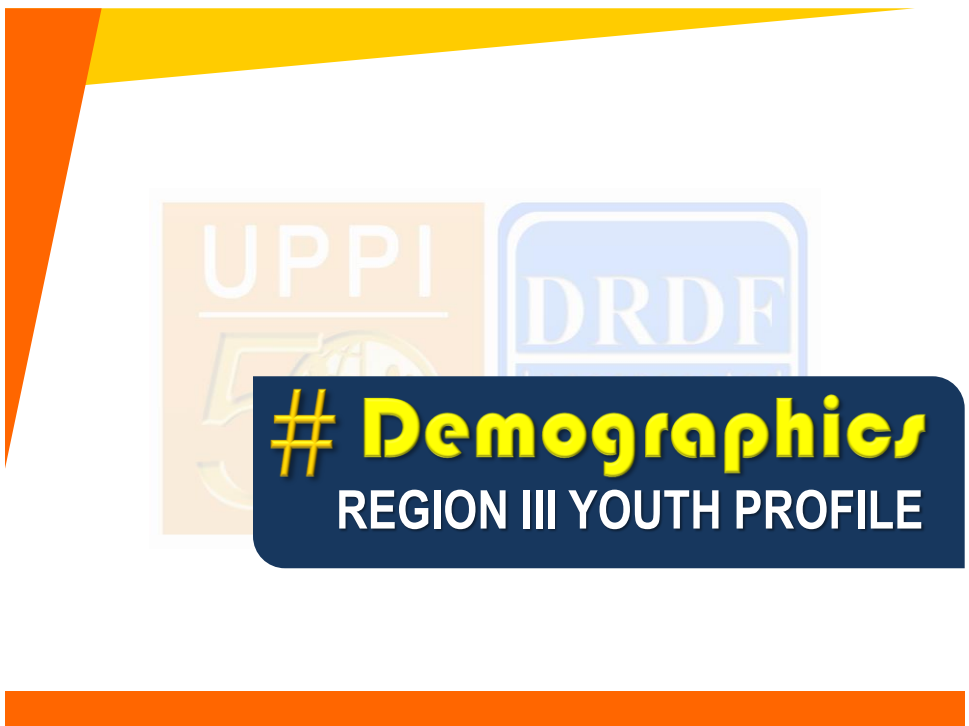
- Nonsexual risk behaviors
- Sources of information about sex and reproduction
- Summary

Part 3

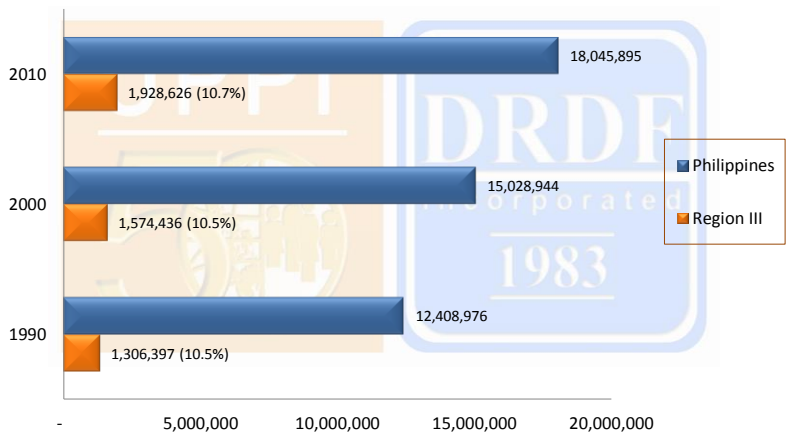
- Sex and media
- Sexual activities
- Teenage fertility
- Knowledge of HIVs/STDs
- Summary and conclusions

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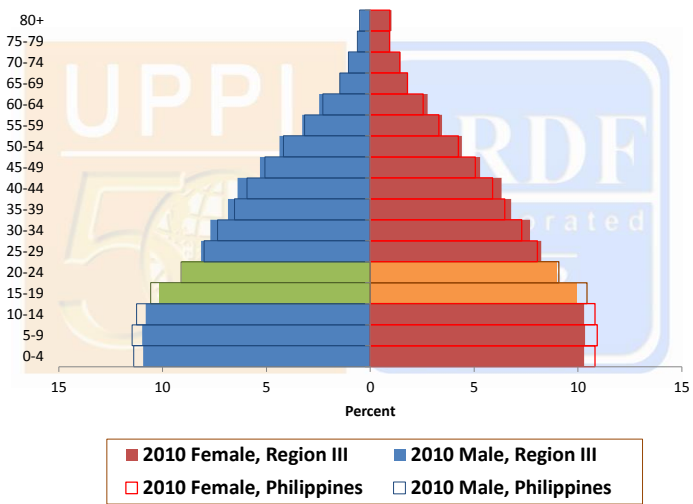
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Number and percent of youth population (15-24) : Philippines and Region III



Age structure of the Philippines and Region III populations, 2010



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THE 2013 YAFS STUDY

Background

- 4th in a series of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
 - Demographic Research & Development Foundation (DRDF)
 - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government, UNFPA, Department of Health, Philippine Council for Health Research and Development (PCHRD)

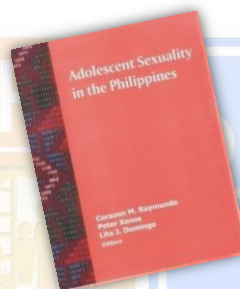
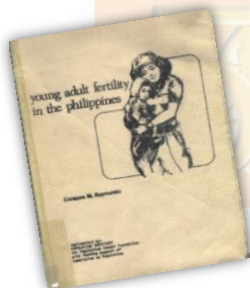
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Predecessor surveys

1982 YAFS

(5,240 female respondents)



1994 YAFS

(10,879 male and female respondents)

2002 YAFS

(19,728 male and female respondents)



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General objective of YAFS4

- To provide up to date information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth

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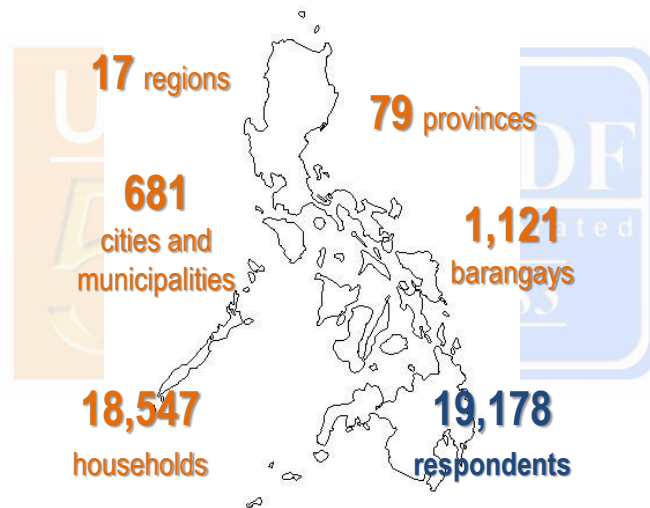
Survey design

- Sampling design: Multistage stratified random sampling
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Respondents: 15-24 years old single and married males and females

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National coverage of YAFS4



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Survey instruments

- 10 survey instruments
 - Household Form
 - 8 Individual Questionnaires for the youth respondents
 - 4 Main Questionnaires (Single Female, Married Female, Single Male, Married Male)
 - 4 Muslim Questionnaires (Single Female, Married Female, Single Male, Married Male)
 - Community Form
- All questionnaires were translated to 6 major languages

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Main questionnaire contents

Block A. Individual characteristics

Block B. Family characteristics and relationships

Block C. Self-esteem and values

Block D. School, work and community

Block E. Media

Block F. Friends and peers

Block G. Health and lifestyle

Block H. Marriage

Block I. Puberty, dating and sex

Block J. Fertility and contraception

Block K. Knowledge and attitudes towards marriage, sex and related issues

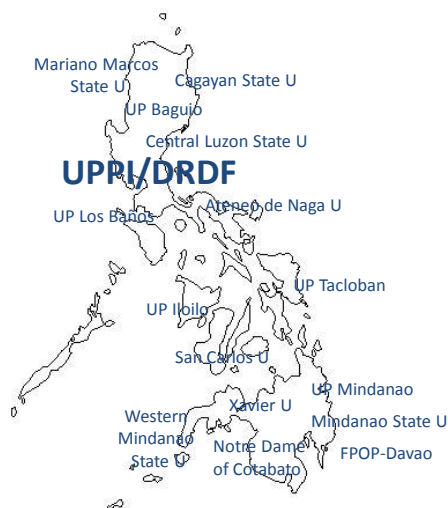
Block L. Reproductive health

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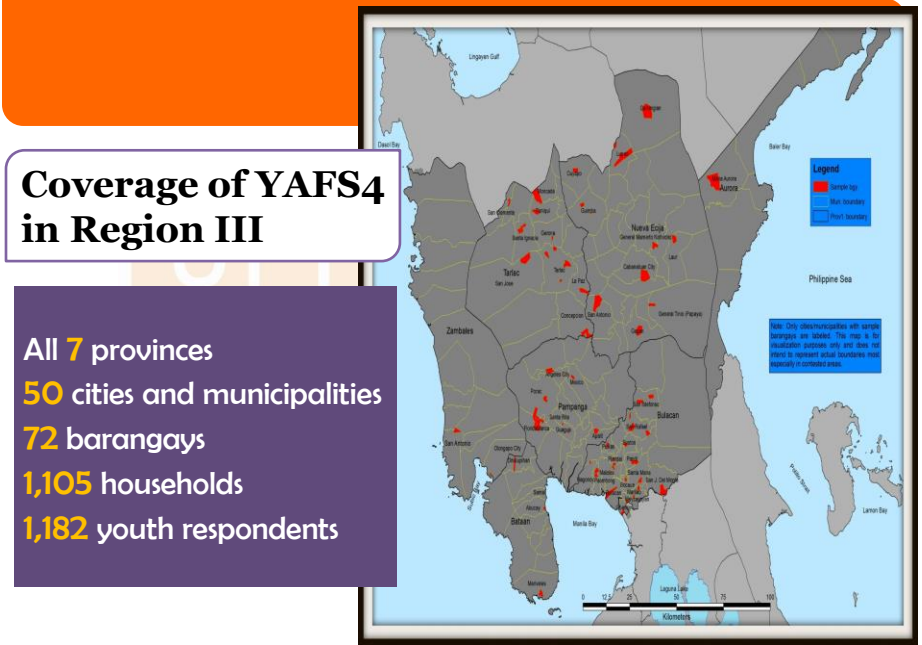
Field implementation

- Fieldwork was conducted in January to May 2013
- Regional network of research and academic institutions were involved in the data collection



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Coverage of YAFS4 in Region III

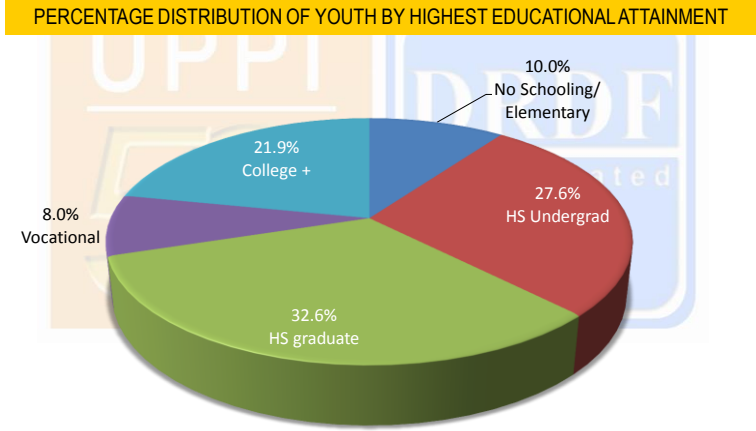
All 7 provinces
 50 cities and municipalities
 72 barangays
 1,105 households
 1,182 youth respondents

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Region III Profile
 BACKGROUND CHARACTERISTICS

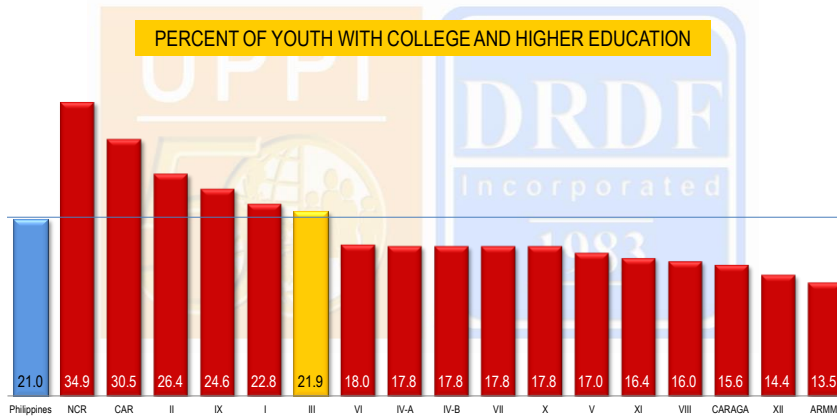
Education profile of Region III youth



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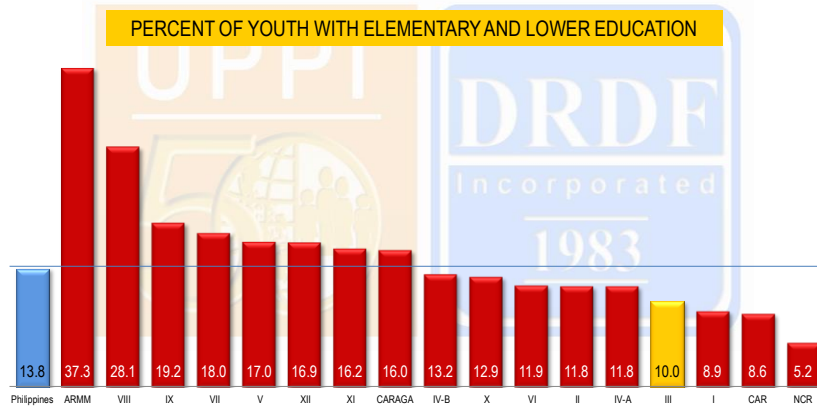
Region III is among the regions with highest proportion of those who have college and higher education



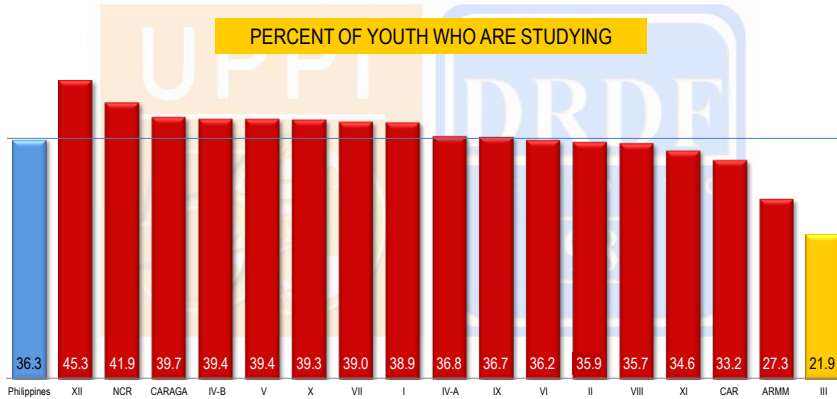
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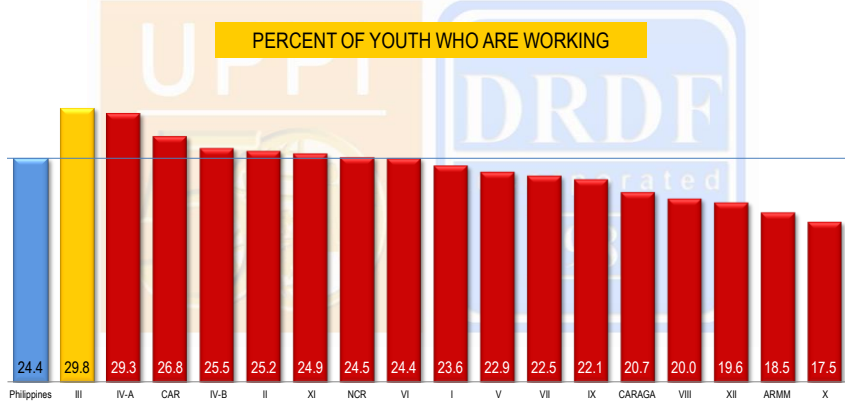
... and also among the regions with the lowest proportion of those with elementary and lower education



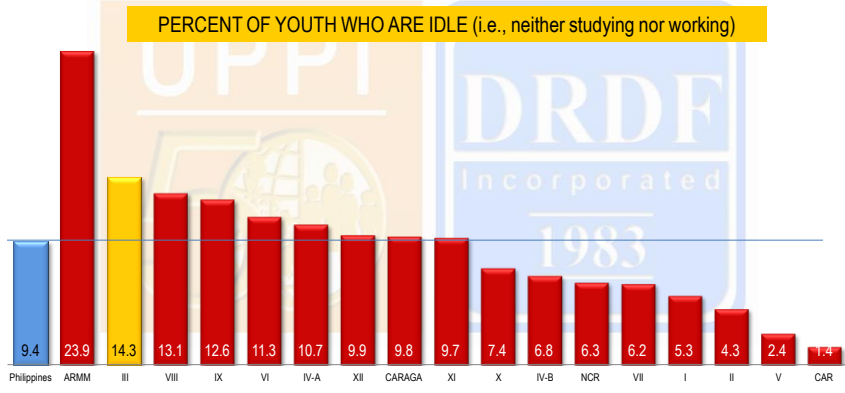
Region III has the least proportion of youth who are studying



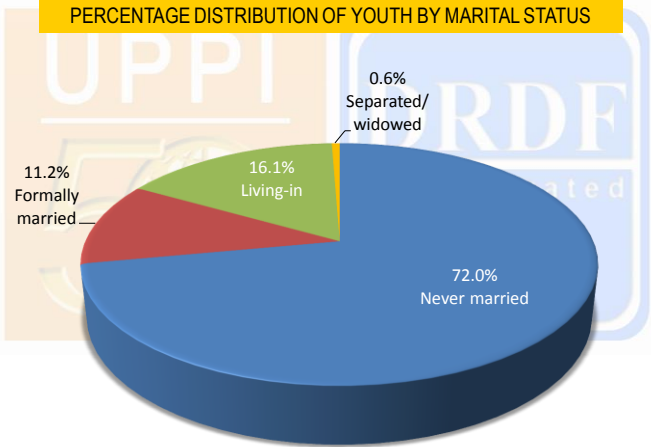
.. Because it has the biggest proportion of working youth



The Region has the 2nd biggest proportion of idle youth



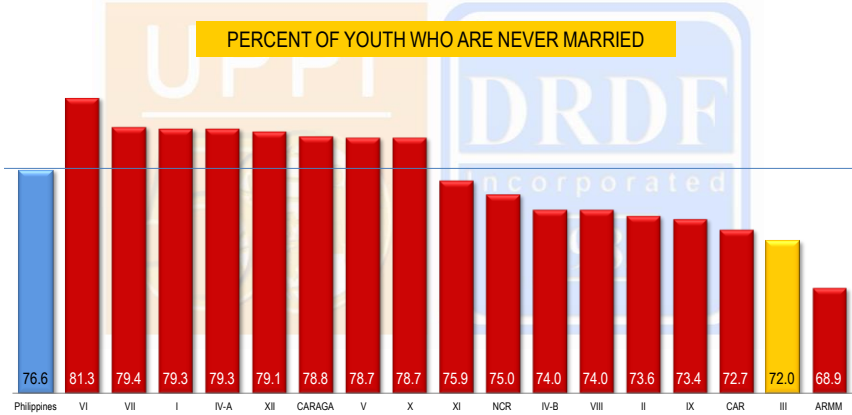
Marital status of Region III youth



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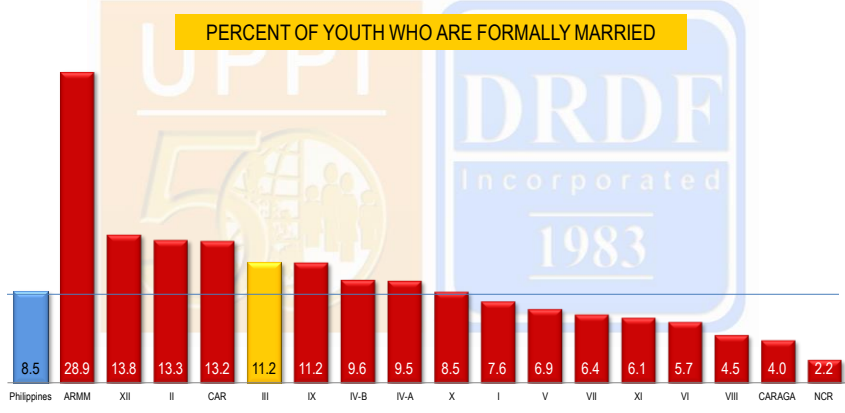
Almost 3 out of 4 youth are never married



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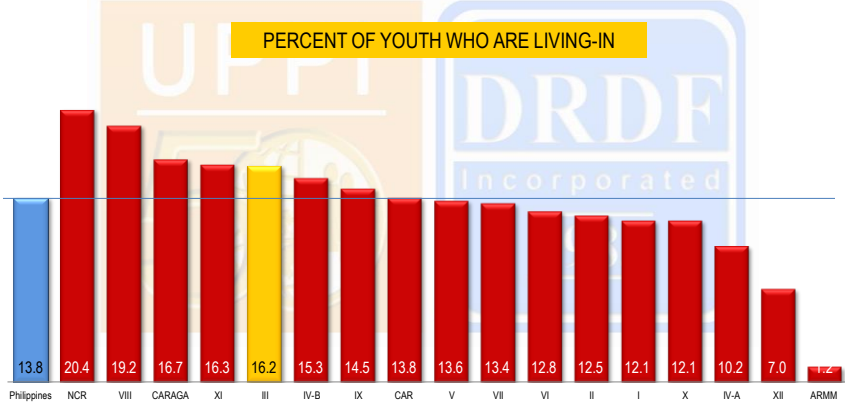
Region III has the 5th highest proportion of youth who are formally married



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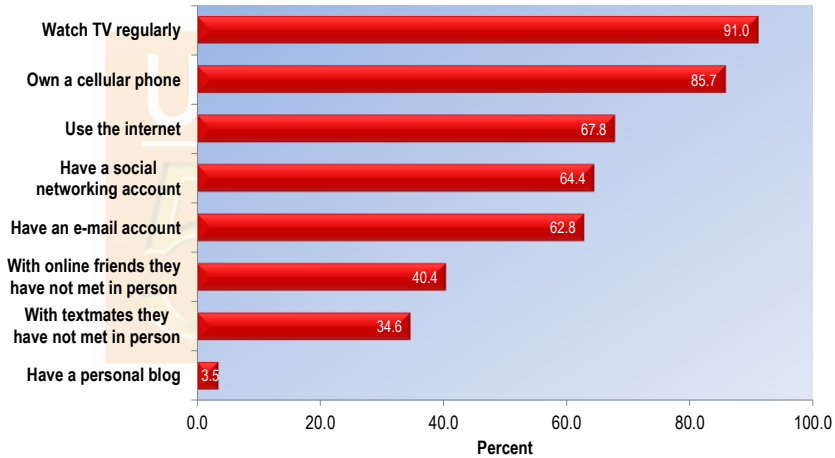
It also has the 5th biggest proportion of youth who are living-in



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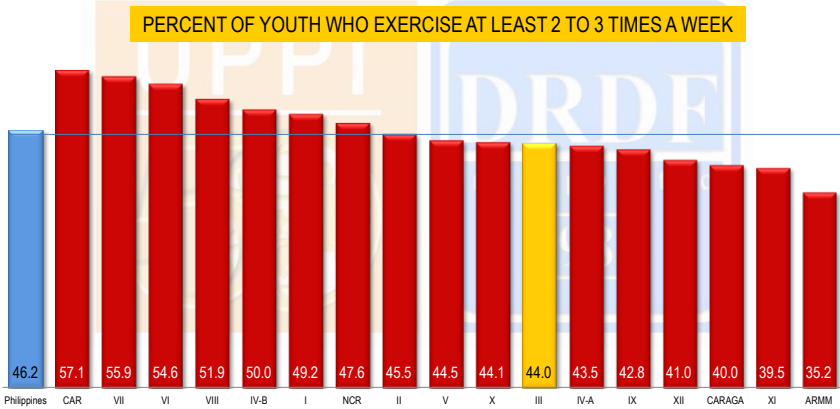
Region III youth are digitally wired



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Proportion of Region III youth who exercise at least 2 to 3 times a week is below the national average

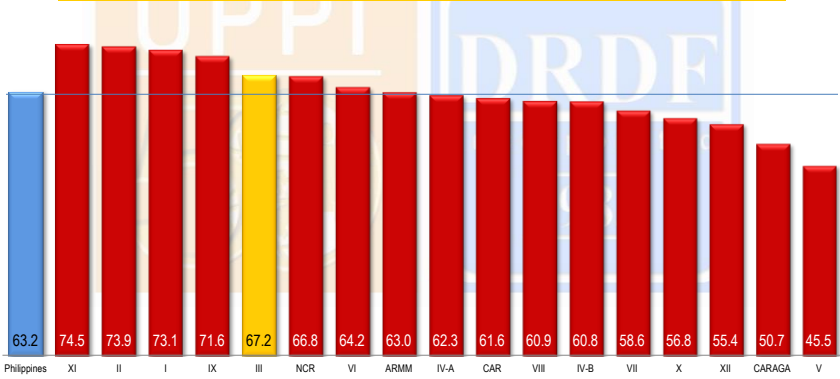


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Consumption of instant noodles is 5th highest among Region III youth

PERCENT OF YOUTH WHO CONSUME INSTANT NOODLES AT LEAST ONCE A WEEK

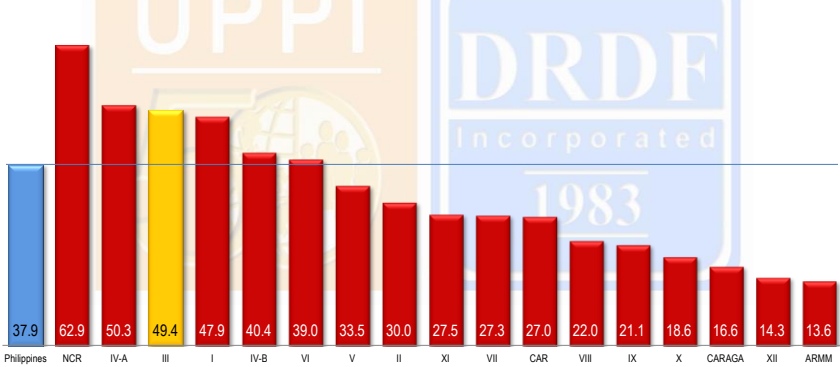


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Consumption of hamburger is 3rd highest among Region III youth

PERCENT OF YOUTH WHO CONSUME HAMBURGER AT LEAST ONCE A WEEK

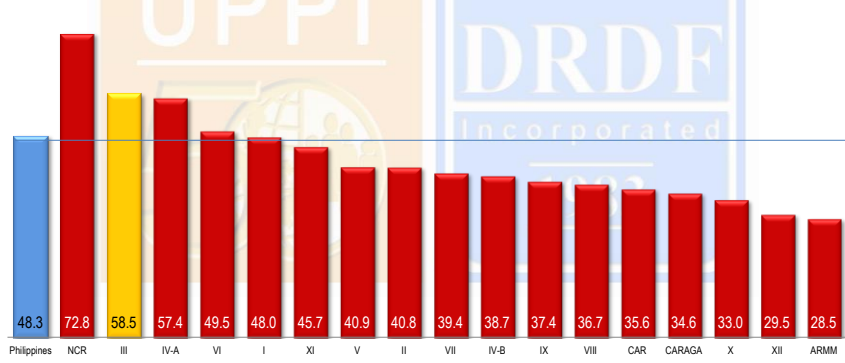


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Eating fried chicken is 2nd most prevalent among Region III youth

PERCENT OF YOUTH WHO CONSUME FRIED CHICKEN AT LEAST ONCE A WEEK

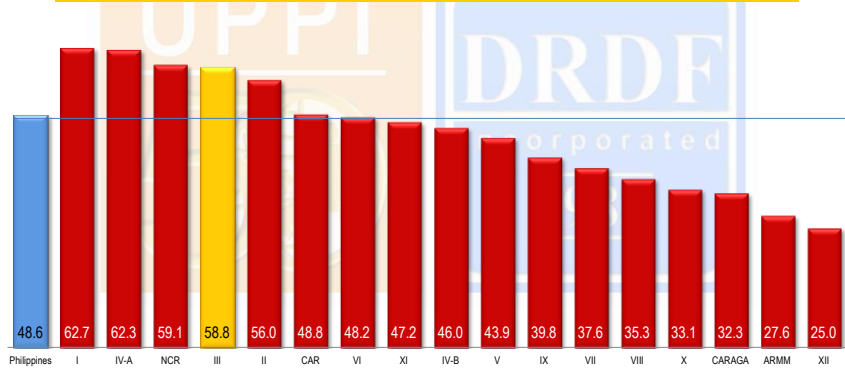


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Consumption of fried street food is 4th highest among Region III youth

PERCENT OF YOUTH WHO CONSUME FRIED STREET FOOD AT LEAST ONCE A WEEK

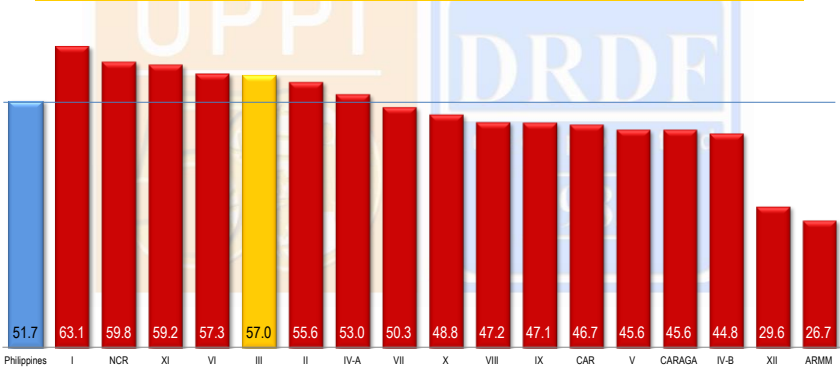


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Consumption of grilled street food is 5th highest among Region III youth

PERCENT OF YOUTH WHO CONSUME GRILLED STREET FOOD AT LEAST ONCE A WEEK

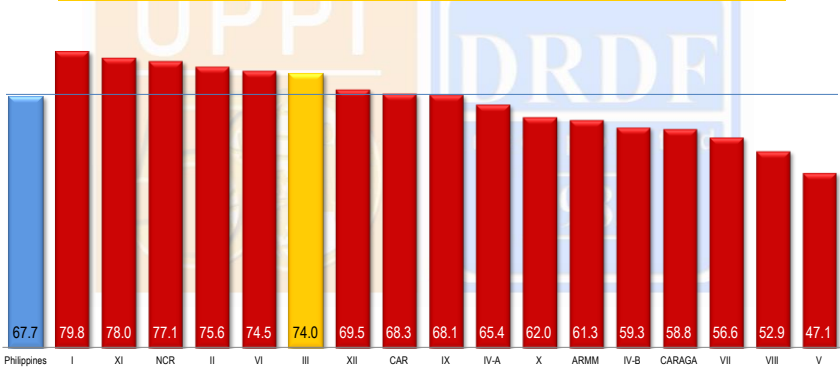


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Nearly 3 in 4 Region III youth drink carbonated drinks at least once a week

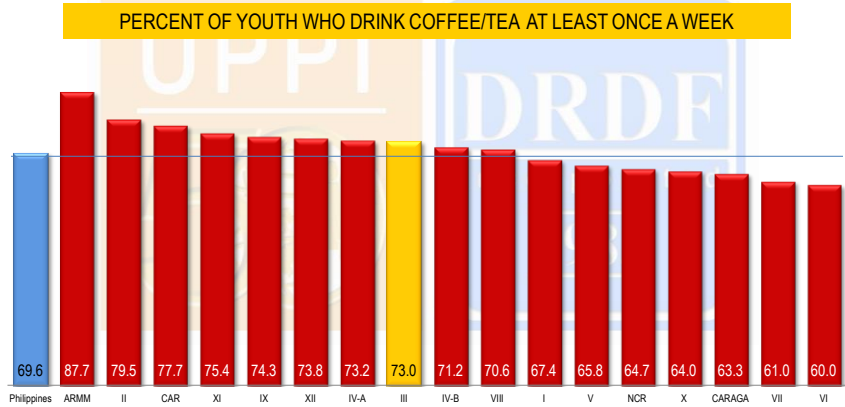
PERCENT OF YOUTH WHO DRINK CARBONATED DRINKS AT LEAST ONCE A WEEK



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Nearly 3 in 4 Region III youth drink coffee/tea at least once a week



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SUMMARY

Profile of Region III youth

- One of the best regional education profiles in terms of highest educational attainment, registering an above-average % of youth who have at least some college education;
- With the least proportion of studying youth because it has the biggest % working
- However, it also has the biggest % of unemployed youth and the 2nd biggest proportion of idle youth
- More than 1 in 10 youth are formally married

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SUMMARY

Media exposure of Region III youth

- Very high use of new information technology
 - Use the internet: 67.8%
 - With a social media account: 64.4%
 - With an email account: 62.8%
 - With online friends who they have not met personally: 40.4%
 - Own a cellular phone: 85.7%
 - With textmates they have not met personally: 34.6%

Health and lifestyle of Region III youth

- 44% exercise at least 2-3 times a week
- High consumers of unhealthy foods and drinks

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ThankYou!

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Young Adult Fertility & Sexuality Study (YAFS4)



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